Documentación sobre restauraciones unitarias
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Restauraciones unitarias con el Astra Tech Implant System™

Los primeros estudios que evalúan los resultados de restauraciones unitarias con el Astra Tech Implant System™ se publicaron en el año 1997 [1-4]. Después de 1-2 años de seguimiento, fueron reportadas elevadas tasas de supervivencia de implantes (más del 97,8%), cambios extremadamente pequeños en el nivel de hueso marginal (0,0-0,3 mm) y sorprendentemente muy pocos casos de aflojamiento de tornillos.

Hoy en día existen más de 40 artículos, incluyendo seguimientos a 10 años, en publicaciones revisadas por expertos que informan sobre el éxito de las rehabilitaciones unitarias sobre implantes Astra Tech. Algunos ejemplos son:

- Comportamiento clínico en localizaciones posteriores [5-7] o anteriores [4, 8-17]
- Comportamiento clínico al aplicar protocolos de una fase quirúrgica [5, 7-9, 11, 18] combinados con carga inmediata [10, 13, 19-21] o en alveolos postextracción [11, 18, 22, 23]
- Evaluaciones estéticas minuciosas [14, 18, 20, 24, 25]
- Resultados a largo plazo [7, 11, 12, 15, 26-29]
- Regeneración ósea utilizando diferentes técnicas de elevación de seno [5, 6, 30, 31]
- Pacientes periodontalmente comprometidos [32-34]
- Evaluación de parámetros microbiológicos [16, 35] y uso de antibacterianos [36]
- Evaluación de la calidad de vida de los pacientes [37]

En general, las tasas de supervivencia de los implantes son del 94-100%, independientemente de la técnica quirúrgica o de la localización en la boca. La documentación demuestra claramente que el nivel del hueso de soporte, alrededor de los implantes Astra Tech, se mantiene. Los implantes colocados en la zona anterior del maxilar superior incluso pueden llegar a ganar hueso después de un periodo de 5 años [15]. Asimismo, también se consigue una buena estética, con una excelente opinión por parte de pacientes y clínicos [14].

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