

Carga temprana e inmediata

El protocolo de carga temprana hace referencia a una restauración provisional o definitiva sobre implantes, previa a los tiempos convencionales de carga, pero posterior al tiempo considerado de carga inmediata^{1,2}.

Varios estudios clínicos sobre implantes Astra Tech con un intervalo de seguimiento de entre 1 y 5 años reflejan unos buenos resultados clínicos con índices de supervivencia próximos al 100% en situaciones de carga temprana de restauraciones unitarias³⁻⁸, parciales o totales⁹⁻¹⁵, tanto en localizaciones anteriores como posteriores, del maxilar superior y de la mandíbula^{4,11,16,17}. Los resultados publicados de un estudio a 1 año de seguimiento sobre implantes colocados en alveolos postextracción, cargados de forma temprana, demuestran unos resultados predecibles^{8,18}. Se aprecia una alta satisfacción por parte de los pacientes en casos de protocolo de carga temprana^{11,19,20}. Además, estudios prospectivos a 1 y 5 años que evalúan la carga temprana de los implantes OsseoSpeed™, muestran un buen mantenimiento de los niveles de hueso marginal, con una pérdida media inferior a 0,3 mm²¹⁻²⁴.

La carga inmediata hace referencia a situaciones en las que la colocación de los implantes y la carga se realizan en la misma visita o dentro de las primeras 48 horas^{1,2}, y ofrece una serie de potenciales ventajas, como pueden ser, la reducción del número de procedimientos quirúrgicos y una solución estética en menos de 48 horas.

Varios estudios clínicos sobre el Astra Tech Implant System™ demuestran unos resultados seguros y predecibles utilizando un protocolo quirúrgico de una sola fase junto con carga inmediata²⁵⁻⁴³. Estos estudios cubren diferentes localizaciones e indicaciones: maxilar y mandíbula^{25, 28, 29, 39, 41-44}, maxilares atróficos^{27, 40, 45}, restauraciones unitarias^{25, 31, 37}, rehabilitaciones totales fijas^{26, 28, 29, 32, 33} y colocación inmediata de implantes en alveolos postextracción^{34, 46-53}. Los resultados de los estudios prospectivos a 1, 2 y 5 años que evalúan los implantes OsseoSpeed muestran un mantenimiento de los niveles de hueso marginal con una pérdida media inferior a 0,3 mm, aplicando carga inmediata funcional mediante diferentes técnicas quirúrgicas^{31, 54-56}.

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